COMBERTON CONTACT NOVEMBER 2026



USEFUL TELEPHONE NUMBERS

COMBERTON SURGERY
58 Green End, Comberton, CB23 7DY **01223 262500**

Opening times Monday to Friday
Surgery 8:00 - 12:30 & 13:30 - 18:00
Dispensary 8:00 -12:30 & 14:00 - 18:00

Prescriptions can be collected outside of opening hours by signing up to use our Pharmaself machine at Comberton (see website for details)
www.combertonandeversdensurgery.nhs.uk

EVERSDEN SURGERY
33 Harlton Road, Little Eversden, CB23 1HB **01223 262579**

Opening times Monday to Friday
Surgery 8:00 - 12:30 & 13:30 - 18:00
Dispensary 8:00 -12:30 & 14:00 - 18:00

Phones at both surgeries go to night service at 18:00
Repeat prescription requests will only be taken over the phone for housebound patients.

BOURN SURGERY **01954 719313** bourn.surgery@nhs.net

Age Concern Cambridge Information & Advice Line	**01354 696677**
Apple Tree Dentist 1-3 West Street, Comberton	**262838**
Ash Croft Veterinary Surgery 169 St Neots Rd, Hardwick	**01954 210250**
Baptist Church Church Office	**264707**
Benefits Agency Chesterton Road, Cambridge	**545200**
Comberton Catholics (Fr John Minh)	**832397**
Comberton Library	**0345 045 5225**
Comberton Playgroup	**262373**
Comberton Village College	**262503**
Adult Education	**264721**
Cambridge Water Emergencies	**01223 706050**
Anglia Water Sewerage Emergencies	**03457 145 145**
Environmental Health Services (South Cambs)	**03450 450500**
Meridian Primary School	**262423**
Nursery Way Sheltered Housing	**264434**
Parkside Police Station	**01480 456111**
Samaritans	**364455**
Social Services	**264466**
(emergency out-of-hours)	**01733 561370**
St Mary's Church (Associate Priest Chris Westgarth)	**07710 661003**
Street Light Failure reporting helpline	**01954 233330**
Village Help Scheme (Chairman Barbara Mitton),	**262073**
See panel on page 7 for transport bookings	
Wood Green Animal Shelter	**01480 830014**
Stray dogs (South Cambs DC)	**443000**

Contents

Regular dates for your diary	4
Comberton Contact Team	5
Wheelie Bin Collection Dates	5
Parish Council	5
Advertising Rates	5
From the Editor	6
Local Government Contacts	6
Comberton Village Website	6
Village Help Scheme	7
Comberton Heritage Society	11
Comberton Cinema	13
November Challenge	15
Macmillan Coffee morning	15
Comberton WI	17
Coton Garden Club	17
Comberton Opera	19
Kids' Cinema	19
Comberton Community Showcase	21
Health Coach Corner	23
English Tuition in Comberton	25
History of the Village Hall Part 1	27
October Challenge Solution	29
The Digital Buddy Service in Cambridgeshire Libraries	29
The Plant and Produce Stall at 80 West Street	29
Parish Council News	31
The People's Emergency briefing: Film Showing Part 1	37
Comberton Village Hall Lettings Charges	38

Regular dates for your diary

Day	Time	What	Where
Monday	Morning	Monday Studio	VH
Monday	9.45am - 11am	Comberton Walkers	BC
Monday	3.40pm - 5.35pm	Children's Street Dance Classes	MS
Monday	6pm - 7pm	Tang Soo Do Junior 6-11	MS
Monday	7pm - 9pm	Tang Soo Do	MS
1st, 2nd, 4th Monday	7pm - 9pm	Carpet Bowls	VH
3rd Monday	7pm - 9pm	Comberton Winemakers	VH
Tuesday	9.30am - 11am	Messy Play (term time only)	CP
Tuesday	10.30am - 12 noon	Cafe	VH
Tuesday	1.30pm - 4pm	Fabric and Yarns	BC
Tuesday	6.45pm - 7.30pm	ChaSamba Adult Fitness	MS
2nd Tuesday	8pm (Except Aug)	Comberton WI	VH
4th Tuesday	8pm - 9:30pm	Comberton Heritage Society	VH
Wednesday	10am - 11:30am	Comberton Baby & Toddler Group	VH
Wednesday	9:30am - 12:30	Comberton Shed	Pavilion
Wednesday	2pm - 3:30pm (term time only)	Bumps & Babes	BC
Wednesday	5.30pm-6.30pm	Pilates Class - book via www.faybpilates.co.uk	MS
Wednesday	6.45pm-7.45pm	U15 Football Club	CVC
Wednesday	7pm - 9pm	Tang Soo Do	MS
Thursday	9.30am - 11am	Messy Play (term time only)	CP
Thursday	5.45pm-6.45pm	U8 Football Club	CVC
2nd Thursday	2.30pm	Comberton Friendship	VH
4th Thursday not Dec/Aug	2.30pm - 4pm	Oasis Teas	VH
3rd Friday	7pm (7:30pm start)	Bingo Party	VH

VH = Village Hall CVC = Comberton Village College
BC = Baptist Church MS = Meridian School
CP = Comberton Playgroup

Parish Council

Meetings are normally held on the second Wednesday of the month at 7:30pm in the Village Hall.

We welcome public attendance and the agendas and minutes can be found at https://comberton-pc.gov.uk/decisions-meetings/agendas-and-minutes

Wheelie Bin Collection Dates

Thursday 5th November	Blue/Green
Thursday 12th November	Black
Thursday 19th November	Blue/Green
Thursday 26th November	Black
Thursday 3rd December	Blue/Green

Food waste is collected every week.



Advertising Rates

	Size (w x h)	Annual (10 editions)	Single Edition
Whole page	122mm x 183mm	£475	£60
3/5 page	122mm x 109mm	£285	£36
2/5 page	122mm x 72mm	£190	£24
1/5 page	122mm x 35mm	£95	£12
1/5 page	60mm x 72mm	£95	£12
Back page (colour)	122mm x 183mm	One-off only	£90

Comberton Contact Team

Editor and Designer James Gilbert 07768 421049
editor@combertoncontact.org.uk 50 South Street, CB23 7DZ

Treasurer and Advertising Terry Coad 01223 263264
treasurer@combertoncontact.org.uk 38 Westlands

Distribution Marian Dymott 01223 263292

Please supply copy via email in a plain text format and images in jpg, png or pdf with 300 dpi. Please send any submissions for the December magazine by 15th November 2026. Submissions will only be acknowledged if requested and this may take up to a week.

From the Editor

The nights are drawing in and it feels decidedly autumnal, although fortunately it is still relatively warm. This is a good thing, given that many of us rely on oil for central heating and probably like many of you I'm trying to put off buying some in the hope that the price will go down!

As you will see there are lots of things going on in Comberton for the remaining two months of the year; then in January the Community Showcase (see page 21) provides an opportunity to meet all the different groups and organisations, do come along and maybe find a new interest and make new village friends next year.

James Gilbert 07768 421049 editor@combertoncontact.org.uk





Comberton Village Website

Regular updates are available at www.comberton.org

Local Government Contacts

Parish Council Chair	Jennifer Martin jen.martin@comberton-pc.gov.uk	
Parish Council Clerk	Jessie Brewer clerk@comberton-pc.gov.uk Comberton Parish Council PO Box 1549 CAMBRIDGE DO CB1 0ZS	
District Councillors	Ariel Cahn cllr.cahna@scambs.gov.uk	01223 232186
	Dr Lisa Redrup cllr.redrup@scambs.gov.uk	07855 324580
County Councillor	Christopher Morris christopher.morris@cambridgeshire.gov.uk	07971 678429

Village Help Scheme

_____26 October 2026	Angela Donnelly	07939915321
02 November 2026	Barbara Mitton	07939915321
09 November 2026	Barbara Mitton	07939915321
16 November 2026	Gill Redman	07939915321
23 November 2026	Gill Redman	07939915321
30 November 2026	Angela Donnelly	07939915321
07 December 2026	Angela Donnelly	07939915321

Our Village Help Scheme is looking for more volunteer drivers.

Have you had to take time off work to run a relative to appointments?

We provide a simple but vital service for people in our community who need a lift to essential appointments—whether that's a visit to the doctor's surgery or a trip to Addenbrooke's Hospital. For many, these journeys can be difficult to arrange, and that's where our volunteers make a real difference.

We're hoping to hear from people who can spare just a small amount of time now and then. There's no fixed commitment—just occasional help when you're available. Every journey you make helps someone stay independent and connected.

If you have a car, a little free time, and are happy to lend a hand, we'd love you to join us.

Your support could make all the difference to someone in our village.

Your petrol is reimbursed at CPCA rates, DBS checks are paid for by the County Council.

To find out more or to volunteer, please get in touch.

Secretary Comberton help Scheme

07731875664 or email donnella1505@gmail.com



PEST PROBLEM?

CALL DRE PEST CONTROL

01954 230708

07789 502556

- Commercial & Residential
- One-off Call Outs
- Management Contracts

Cambridge & surrounding areas

drepestcontrol.co.uk

BPCA British Pest Control Association MEMBER

DRE Pest Control Limited



Find us on: facebook

LBS

Est. 1987

FMB The sign of building quality

LEEWAY BUILDING SERVICES LTD

Property extensions, renovations, conversions and alterations.
All works undertaken. No job to small

Contact Tom

07766553484

info@leewaybuildingservices.co.uk www.leewaybuildingservices.co.uk



The Parish Church of St Mary, Comberton

In the Benefice of The Lordsbridge Team



Saturday 28th November at 2.30pm



Music Cafe at St Mary's

Activities and Special Events

Every Wednesday at 9.30am - **Men's Shed** at The Pavilion
Thursday 26th Nov at 2.30pm - **Oasis Teas** at Comberton Village Hall
Saturday 28th Nov at 10.30am - **Christmas Coffee Morning** in Village Hall

Services at St Mary's Church

Sunday 1st Nov at 9.30am - **Holy Communion with baptism**
3.30pm - **All Souls' Service**
Sunday 8th Nov at 8.00am - **BCP Holy Communion**
10.50am - **Remembrance Sunday**
Sunday 15th Nov at 9.30am - **Morning Worship**
Sunday 22nd Nov at 8.00am - **BCP Holy Communion**
9.30am - **Holy Communion**
Sunday 29th Nov at 9.30am - **Holy Communion**

On-line Services

Zoom Church: Sunday at 11am - ID: **8231 1473 640**
Tuesday Morning Prayer on Zoom at 9.30am - ID: **495 061 1016**
Wednesday Compline on Zoom at 8pm - ID: **899 215 191**

Quiet Prayer
Our church building is usually open from 7.30am-3pm for visits & individual prayer.

On-line Giving
We can now accept on-line donations; more information on our website.

Find us on Facebook:
St Mary's Church, Comberton

For information about Baptisms, Weddings & Funerals, please contact The Rev'd Chris Westgarth

http:// www.stmaryscomberton.org

Associate Priest: The Rev'd Chris Westgarth
chris.westgarth1@btinternet.com
Tel: 07710 661003

Computer Maintenance

Selecting and Installing a Computer

Repairs

Advice on Installing Home Networks

Fault Finding

For help, call me, Brian Girling, on 01223 208529 (Wimpole)

E-mail bg@moncraft.co.uk

SHELFORD HEATING

More than just a service

Heating Plumbing Renewables Bathrooms

All Domestic & Commercial works undertaken

www.shelfordheating.co.uk

T: 01223 833426 E: sales@shelfordheating.co.uk

FPP FIRST POINT PROJECTS

BUILDING | CARPENTRY | DECORATING

Trusted Experts Focusing on Quality & Satisfaction

Carpentry | Small Building | Renovations | Kitchens

Bathrooms | Fencing | Patios | Decorating

Tel: 07725000950

Email : info@firstpointprojects.co.uk

Website : www.firstpointprojects.co.uk

BETTER HOME CARE

Better Home Care works with customers and their families who require care in their own homes

We build personalised packages around your homecare needs

Better Home Care is registered and regulated by the CQC (Care Quality Commission) and currently rated as “GOOD” all-round. We have also been nominated for the 2020 Great British Care Awards Regional round in the East of England.

Recruitment - We are currently looking for local care workers to cover Comberton and the surrounding Villages.

Please get in touch - 01223 262669 (Fax 01223 262 670)
info@betterhomecare.co.uk
Barnwell House, Barnwell Drive, Cambridge, CB5 8UU

Comberton Heritage Society

After our summer break, our September meeting was a most enjoyable and informative talk given by Stephen Owen. Stephen told us about the The Bedford and Cambridge Railway, known as the Varsity Line, opened in 1862 linking Bedford with Cambridge.

Very topical, in the light of the ongoing discussion on the proposed East/ West Railway.

Our meeting in November will be a talk by Joanna Hudson and is entitled

George Brewster - The Last Climbing Boy

The story of George Brewster, an 11 year old boy whose death in a chimney in Cambridgeshire in 1875, was the catalyst for change in the child labour laws that changed the lives of children across Britain.

Joanna Hudson is a Communications Manager for the University of Cambridge and is an amateur historian. This talk is about her journey 'Finding George' and the shock that his story is largely unknown.. until now.

The meeting will be on Tuesday November 24th in Comberton Village Hall at 8pm.





HomeTechWorks

"helping you make the most of your digital home technology"

Need help with your computer?
Or advice on a new one?

Does your phone or tablet work as well as it should?

Want better Wifi signal throughout your house?

Would you like all your photos organised and backed up?

Call or email Dan for a no obligation chat.
No job too small. Testimonials online. NOTE new phone no.



www.hometechworks.co.uk **01223 973100** enquiry@hometechworks.co.uk

CHIMNEY SWEEP 07919 888990



Professional and insured
Certificates issued
Advice given and problems solved
edcleansweep@gmail.com
Clean Sweep, based in Haslingfield

GUILD OF MASTER SWEEPS
CHIMNEY SWEEP

MELBOURN FLOORING AND INTERIORS LIMITED

Phillimore Garden Centre, Cambridge Rd., Melbourn, SG8 6EY
Tel :01763 262413

FLOORING

- Vast Range of Carpets from all leading manufacturers
- Real Wood, Laminates, Vinyl's, Karndean, Amtico and Project Floors
- Safety Flooring
- Free Estimates. Fitting by experienced staff

Visit our LARGE SHOWROOM with Ample Free Parking
9 to 5, Monday to Friday, 9 to 4 Saturday
OR
Call the number above to speak to one of our friendly staff

Comberton Cinema

Comberton Village Hall



Dead of Winter A grief-stricken widow travels alone to scatter her husband's ashes. When a blizzard leaves her lost on remote backroads, she seeks shelter at an isolated cabin deep in the woods. There, she discovers that a teenage girl has been kidnapped. With no phone service and a storm cutting her off from help, the widow realizes she may be the girl's only hope of survival. Despite her grief and isolation, she must find the courage to confront the dangerous captors and save the young woman before it's too late.

Cast: Emma Thomson, Judy Greer, Marc Menchaca and Laurel Marsden.

Wednesday 18th November 2026

Doors open 7.30 pm, film starts 7.45pm

Comberton Village Hall

Ticket £5 on the door

This event is sponsored by the Village Hall Trustees.

Further information: Sandra Hyde 01223 262075.

THE PLUMBING COMPANY

Boiler & Heating Installations • Gas & Oil
Bathrooms & Kitchens • Power Flushing
Underfloor Heating • Solar & Heat Pumps
New Build or Refurbishment • Domestic & Commercial

For a Friendly & Efficient Plumbing Company Call Jason

e-mail; jason@theplumbingcompany.com

38 South Street, Comberton, Cambridge CB23 7DZ

T: 01223 262100 M: 07802 536551

LOCAL ELECTRICIAN

BOWLING ELECTRICAL SERVICES



07903756915

alfie@bowling-electrical-services.co.uk

WWW.BOWLING-ELECTRICAL-SERVICES.CO.UK

November Challenge

Sponsored by the Comberton Co-op

A MORE SO OF GAT OH ! In English ‘ Easy.’

Task number one is to find answers to the fifteen clues listed below then simply arrange the first letter of each answer to form the name of a very well known actor.(8.7).

ACTOR’S NAME…….

( ) King who died at Thermopylae.
( ) Das ? Part of the Ring Cycle.
( ) Prince Daakar’s vessel.
( ) Founder of the Jesuits. St. Ignatius of ?
( ) Stradivari made the famous MacDonald ?
( ) Companion to Allan Quartermain, bearer of Inkosi Kaas.
( ) Play by Sophocles 429 BC.
( ) An icy moon of Europa.
( ) Fire started 27.2.33 by Marinus van de Lubbe.
( ) Writer Nesbitt’s first name.
( ) Name of Duke of Wellington’s horse.
( ) Element with Atomic number 99.
( ) Napoleon’s greatest victory.
( ) 6th Album by Anna Von Hausswolff.
( ) Collagen/Gelatine from Dried Swim Bladders.

Entries to the store no later than the 14th November please. First correct entry out of the bag wins the prize of wine and chocolates generously donated by the CO-OP.

Name / Postal Address……..

Email …….. Telephone …….

Puzzle 240 LR 10/26

Macmillan Coffee morning

I would like to thank everyone who came to my Macmillan coffee morning on September 19th, at The Arbory Trust Woodland Burial Ground Barton, you helped to raise £2100.

Barbara Segrave

OAP Skips - cheap skip hire!



Based in Dry Drayton but we cover Bedfordshire, Cambridgeshire & Hertfordshire.

Quick turnaround.

One size only (4 yard) £150 per skip

Call Gary today on 07706 032544

Rothwell's
Carpet Cleaning

Carpet Cleaning
Upholstery & Rug Cleaning

A few points that make us stand out:

In business since 1993
We're an honest local family firm
Our large truck mounted machines mean more cleaning & drying power for the best results possible.
We will move the furniture.
100% satisfaction or it's FREE.

Call Oliver and Max Campbell

01223 832 928 www.Rothwells.biz

DAVID TURNER
LEGAL SERVICES

Making or Updating your Will	Lasting Powers of Attorney	Probate & Estate Administration	Court of Protection

We have been advising clients for over 30 years and pride ourselves on our friendly personal approach whilst providing an efficient and professional service.
If we can be of help, do call in to see us. If you prefer, home visits can easily be arranged.

The Commercial Centre
6a Green End, Comberton
CB23 7DY

01223 264 187

david@dtlegalservices.co.uk

Comberton WI

Our Speaker at the October meeting was Susan Wildlake who gave a talk called 'Where I lay my hat '. Susan from Mill House Millinery in Saffron Walden, spoke about her amazing passion for hat making.

Susan displayed 10 of her hats. Each one with stories to tell about places and events which each one represented. She explained how each one had been made and showed us the tools and materials she uses to make each hat.

At the end of the talk members were able to make some hat decorations to take home and try on the hats which was great fun.

A very interesting Speaker.

Our next meeting will be held on Tuesday 10th November at 8pm in Comberton Village Hall. Our Speaker will be Chris Westgarth speaking about The History of Comberton.

All are very welcome. A charge of £4.00 per visit for visitors will be made.

Sue Lewis
Comberton WI

Coton Garden Club

Monday 2nd Nov. 'How NOT to Kill Your Houseplants'
Rebecca Chambers

Monday 7th Dec. 'Festive Christmas Social'
A relaxed festive occasion with a
Quiz and seasonal fayre. Bring along
1-2 guests (£5/ guest) and have fun!

Monday 11th Jan. 'Growing & Designing Together :
A Story of a Mother & Daughter of
their Flower Farm.
Imogen Witt and Diana Hall

Monday 1st Feb. AGM , and Online Zoom Speaker Talk
topic to be confirmed.

www.cotongardenclub.org

for further information and updates.



Domestic Oil Fired Heating Services

*Annual Oil Boiler Servicing *Boiler Breakdown Repairs

*Oil Tank Replacements *Landlord Certificates

*Service & Repair of Most AGA Cookers

*Family Business With More Than 45 Years Experience

01223 207901





info@bartonoilburnerservices.co.uk

BROADWAY HOUSE, 149-151 ST NEOTS ROAD, HARDWICK. CB23 7QJ





BRIAR SECURITY SYSTEMS LTD

- Intruder Alarm Systems
- CCTV
- Access control
- Locks, grilles & safes
- Automated Gates
- 24/7 callout 365 days a year
- Free Survey



Nixon's Hall, 1 Chapel Road, Gt Eversden, Cambridge CB23 1HP
T:01223 262728 **F:**01223 263349
email: sales@briarsecurity.co.uk www.briarsecurity.co.uk

S E DAVEY PLASTERING

Plastering, Floor screeding & Coving

TEL: 01954210941- MOB: 07711541799

sedaveyplastering@outlook.com

COMBERTON OPERA

At the Village Hall

Wednesday 4th November 2026

Tchaikovsky's

"Eugene Onegin"

Krassimira Stoyanova **Simon Keenlyside**
Pavol Breslik **Peter Rose**

Royal Opera House Orchestra and Chorus

Recorded at the Royal Opera House in 2013

Wednesday 25th November 2026

Gilbert & Sullivan's

"The Gondoliers"

Opera Australia

Recorded at the Sydney Opera House in 1990

Both operas at COMBERTON VILLAGE HALL
Doors open 6.30pm for a 7.00pm start

Interval with refreshments

Tickets £5 on the door

Further information: comberton.opera@gmail.com

Sponsored by Comberton Village Institute Trust

St Mary's Church, Comberton

CHRISTMAS COFFEE MORNING

Saturday 28th November
10am - 12 midday
in Comberton Village Hall

Entrance £2 (£1 children)
to include a mince pie and hot or cold drink
Come and enjoy tasty mince pies, fun and festivities

Stalls include: Gifts & crafts, handmade & Leprosy Mission cards, cakes, raffle, tombola, books, good quality nearly new, guess the weight of the cake and Friends of St Mary's





KIDS' CINEMA
The LEGO Movie

Sunday, 15th November

2:30 PM

Comberton Village Hall

Bring a blanket/ cushion

PTA refreshments

£5
£5 minimum donation per family towards costs



Children must be accompanied by an adult.

Parents needed!
We're looking for a few parent volunteers to help with the organisation of the screening.

Sponsored by the Village Hall Trustees

NATIVITY FESTIVAL
December 5th & 6th 2026



St Mary's Church, Comberton

Following the success of last years' Nativity Festival, we invite you to bring your Nativity sets to this years' Festival. They can be individually owned sets or made by local groups. The more the merrier!

Sets can be brought to the church on Friday 4 December. Please email stmaryscomberton@gmail.com by Friday 27 November if you or your group would like to take part



JASON KIRBY LTD

EXPERT DECORATORS

All Aspects of Internal & External Decorating
Period, Residential & Commercial Properties
Wallpaper & Mural Install
Kitchen Cabinet & Furniture Re-Sprays
Floor Sanding & Restoration
Plastering, Coving & Artex
City & Guilds, NVQ Qualified
For Service, Quality & Reliability

CELEBRATING 25 YEARS

01954 211775
jasonkirbyltd.co.uk

LAWSTORAGE

SAFE, SECURE, FLEXIBLE SELF STORAGE

Brand new purpose built site

Flexible options for home and business
Monitored CCTV, gate entry by key fob
Easy access for removal company lorries
Entry from 06.00 to 22.00, 7 days a week
Insulated, damp free containers owned from new and carefully maintained
Over 10 years of experience
Friendly and family run

Visit our website: www.lawstorage.co.uk
Call us: 01223 874629
Email us: paul@lawstorage.co.uk

Please note, we have moved to:
Butts Farm, Malton Road, Orwell, SG8 5QR



Let us lighten your load



STEAMROLLER IRONING SERVICE



Free pickup and delivery

Price 1 lb = £2.50 (min £10.00)

Non-smoking environment

07742 319631 / 01954 210672



HARVEY

PLUMBING & HEATING

- Oil boiler service / repair / install
- Central heating systems
- Power flushing
- Hot water cylinders
- Bathrooms & showers
- General plumbing

Call Darren
01223 262676
07947232543


Comberton
Village Groups &
Community
SHOWCASE
Come along and discover the groups, clubs, societies and activities happening in Comberton.
MEET LOCAL GROUPS
Chat to the people who run them
DISCOVER NEW INTERESTS
Find something you might enjoy
GET INVOLVED
Find out how you can take part
All are welcome!
FREE ENTRY
Refreshments available
Sunday 10th January 2027
Village Hall, Comberton
2:30 to 4:30pm
Together we make our village stronger

Quality Bespoke Secure Storage



Easy to open & fast to access. High security with PIN codes, megapixel CCTV cameras & individual room alarms. Choose the size you really need. Store just about anything, for any length of stay Clean, dry & condensation free. Viewings by appointment.

More Space

Manor Farm, Graveley, PE19 6PH. Mention SPC22 to receive £5 discount on your first month.



01480 830130 morespacestorage.co.uk

RedLocks Locksmiths

Your Local Independent Locksmith

Locked Out! All locks opened, fitted, repaired and replaced.

* UPVC Door & Window Specialist
* Garage Doors
* Safes fitted & opened
* All work guaranteed
* 24hr Service
* CRB/DBS checked

SERVICING COMBERTON & SURROUNDING AREAS

Student & OAP discount

t_ 01223 902321
m_ 07784 240 970
w_ www.redlocks.co.uk
e_ info@redlocks.co.uk

MOT | Air Conditioning | Servicing | Tyres | Diagnostics | Repairs

Free Collection & Delivery Service Available



A.G motors

Book your MOT online



Email: contact@agmotors.net
Unit A5 Atria Court | Papworth Everard
Papworth Business Park | Cambridge | CB23 3GY

01480 831807
www.agmotors.net



@AGMOTORSPAP
@AGMOTORS_NET

Health Coach Corner

Reading food labels

Before I cover more specific areas of nutrition in the coming months, I wanted to start with the basics of reading food labels.

Making successful, sustainable changes to our nutrition becomes much easier when we understand what we are actually buying and eating. That means knowing how to read a food label rather than relying solely on what is written on the front of the packet.

This is particularly useful when trying to make health and nutrition changes, especially when choosing pre-prepared and packaged foods.

Walk around a supermarket and you will see no shortage of health-related messages: “high protein”, “low sugar”, “keto”, “gut health” and countless variations. Even brand names can contain words such as “nature”, “natural” or “health”.

Sometimes these claims provide useful information. But they can also create what is often called a **health halo**, where one positive feature makes us assume the whole product is a healthy choice.

The front of the packet is marketing territory. For the useful information, turn it over.
The ingredients list and nutrition panel can tell you much more.

Start with the ingredients
Basing much of your diet around relatively simple, minimally processed foods such as fruit, vegetables, eggs, fish, meat, pulses, wholegrains, dairy, nuts and seeds can make good nutrition considerably simpler.

The reality is that life doesn't always make that possible. Convenience foods, pre-prepared meals and treats can all have a place. The important thing is understanding what you are choosing rather than being guided solely by the claims on the front.

Ingredients are generally listed in descending order by weight, so the first few ingredients can tell you a great deal about the product.

What to look out for:

Different forms of sugar
Sugar can appear under many different names, and several forms of sugar may appear in the same product.
Many sugars have names ending in **“-ose”**, such as glucose, fructose and sucrose. You may also see sweetening ingredients such as honey, syrups, molasses and fruit juice concentrates.

Sugar alcohols, or polyols, often have names ending in **“-ol”**, such as sorbitol and xylitol. These are different from sugars, but are another reason why understanding the ingredients list can be useful.

Where a product contains several different sweetening ingredients, they will each appear separately in the ingredients list, so no single one will necessarily appear near the top.

Don't rely on spotting the word “sugar” alone. Look through the ingredients and then check the nutrition panel, particularly the **“of which sugars”** figure. Remember that this number includes naturally occurring sugars as well as added sugars, so context matters. A plain yoghurt containing naturally occurring milk sugar is very different nutritionally from a confectionery product showing a similar figure on the label.

You might also be surprised to find dextrose, sugar or other sweetening ingredients in some savoury foods, including certain processed hams and sliced meats. Another good reason to check rather than assume.

Check what is providing the protein
With the current focus on protein, “high protein” now appears on everything from yoghurts and cereal bars to puddings and crisps.
But the number on the front is only part of the story.

First, look at how many grams of protein you are actually getting per serving. Then look at the source.
Protein quality varies between different foods. Some protein sources provide essential amino acids in more favourable proportions than others, while a varied diet containing different protein sources can help provide all the essential amino acids we need.
It is also worth knowing what “high protein” actually means.

JASON MOORE
CARPENTRY & BUILDING Ltd

Extensions, Loft Conversions, New Build
UPVC Fascia/Soffits, UPVC Windows/Doors, Flooring
Kitchen Refurbishments, Flat Roof Replacements

Free estimates Telephone. **07939 244453**
Call for a friendly and reliable service
E-mail: Jmoorecarpentry@sky.com
Green End, Comberton, Cambs

All aspects of Carpentry & Building
with over 30 years experience
City and Guilds qualified, full public liability insurance cover

BARTON PETROLEUM

*Supplying **Heating Oil** to **Comberton** and the surrounding villages for over 50 years*

Kelly McLoughlin, Depot Manager

01234 822488



Barton Petroleum—Fuel & Lubricants for Home, Farm & Industry
Order over the phone, or online at
www.bartonpetroleum.co.uk

C & C BLINDS

SPECIALISTS IN BLINDS ANY SIZE ANY COLOUR
VERTICAL BLINDS / ROLLER BLINDS / VENETIAN BLINDS / REPAIRS
ROMAN BLINDS / VELUX BLINDS / AWNINGS
FREE ESTINATES
Tel:01223 211171 Mobile: 07761 262070

Under UK food-labelling rules, at least **20% of a product's energy must come from protein** before it can make a "high protein" claim. That legal definition can be useful, but it does not necessarily mean the product is particularly protein-dense compared with other foods.
A "protein bar", therefore, isn't automatically a health food. Look beyond the name and compare the whole nutritional profile.

Don't fear an ingredient just because its name is unfamiliar
Food labels may contain emulsifiers, stabilisers, thickeners and other additives. Their presence alone does not tell you whether a food is healthy or unhealthy. Some ingredients can affect individuals differently. For example, certain polyols used as sweeteners can cause bloating or have a laxative effect when consumed in larger amounts. Knowing how your own body responds to different foods can therefore be useful.
Rather than trying to identify one "bad" ingredient, I find it more helpful to step back and look at the product as a whole.
How much protein and fibre does it provide? How much sugar, saturated fat and salt does it contain? Is it filling? What is the serving size? And, perhaps most importantly, how often are you eating it?

The takeaway
Don't let the front of the packet make the decision for you. Turn it over.
Look at the first few ingredients, check the nutrition information, consider where the protein is coming from and look at the sugar, saturated fat, fibre and salt content.
Most importantly, compare similar products rather than judging foods purely by claims such as "high protein", "low sugar" or "gut health".
Food labels are not there to make eating complicated. Used properly, they can help us cut through the marketing and make more informed choices, while still remembering that it is our overall diet, not one individual food that matters most.

Liz Fursse (Level 5 Health and Nutrition Coach)

Experienced GCSE English Examiner Brings Small-Group Tuition to Comberton

Local parents of Year 11 students will soon have a new option for GCSE English support, with a small-group tuition programme launching at Comberton Village Hall this November.

The group is being run by Verity Bell, a qualified English teacher and experienced AQA GCSE examiner who has recently moved to the Cambridge area. With over 20 years' teaching experience, Verity specialises in helping students develop the skills and confidence they need to succeed in their English examinations.

"Many students understand far more than they're able to demonstrate in an exam," explains Verity. "They often have good ideas but struggle to organise them, develop their analysis or write confidently under timed conditions. That's where targeted support can make a real difference."

The new **Year 11 GCSE English Language group** is designed for students aiming to secure a grade 4 or improve their performance towards grades 5 and 6.

With a maximum of six students, sessions will combine clear explanations, guided practice and individual feedback in a supportive, encouraging environment.

The group starts on **Thursday 5 November**, meeting weekly from **5.30–6.30 pm at Comberton Village Hall**. Sessions cost **£40 per student**.

Verity also offers a free, no-obligation consultation for parents who would like to discuss their child's needs before joining.

For more information, email **veritybellenglish@gmail.com** or visit **www.veritybellenglish.com**.

PHYSIOTHERAPY
AT HOME

Enjoy the benefits of a friendly, supportive and knowledgeable physiotherapy service, tailored to your needs, from the comfort of your own home.



www.cambridgevillagesphysiotherapy.co.uk
naomi@cambridgevillagesphysiotherapy.co.uk
07356 038 034

Cambridge Villages Physiotherapy



BLADES FENCING & GARDEN SERVICES

All Fencing, New Installations, Repairs and Replacement including Concrete Spurs, Fence Posts and Fence preservative treatments

Cambridge And Surrounding Villages.

Family run business with 23 years experience.
Fully insured and registered waste carrier

07939 114337

Find us on nextdoor

andy@bladesgardenservices.co.uk
bladesgardenservices.co.uk

DO YOU DETEST IRONING?

Then give Becky a call, **BECKYS IRONING SERVICE**



All ironing undertaken in a caring way with a personal touch
Free collection and delivery with a quick turnaround. £2.50 per 1lb of weight. No job too big or too small. **Tel 07984 492918**

CITY ROOFING REPAIRS

City Roofing Repairs





- Roof Repairs
- Flat Roofs
- Guttering
- Lead Work
- Chimney Repairs
- Roof Cleaning
- Facias & Soffits
- Leaking Roofs
- Pigeon Proofing Solar Panels

Contact Joseph Upton
01223 420691
cityroofingrepairs@hotmail.com
www.cityroofing-repairs.co.uk

History of the Village Hall Part 1

Imagine living in Comberton before, and just after WW1 (1914-1918). It was a small village with a crossroads, a pond, and a village school where all pupils attended from age 5-14. The village had houses around the crossroads and on the road leading up to the church.

In 1922 some enterprising villagers thought that it would be a good idea to have a village hall in the centre, but how to build one? In fact they did not need to do so. They became aware that the WW1 hospital in Cherry Hinton was no longer needed and so, it was dismantled, brought to Comberton with a horse and cart and re-erected next to the village school. You can see it still in use opposite the garage with small businesses occupying some of it. In fact Sir Clive Sinclair worked on his early computers from there.

The village grew after the end of WW2 (1939-1945). The government passed the 1944 Education Act which, along with the formation of the NHS in 1945. was to transform the lives of many of us still living in the village. I was one. The school leaving age was raised to 15 and the village school was too small to accommodate all the pupils. In 1947 a "Hutting Operation for the Raising of the School Leaving Age" HORSA building was erected. It was an old ex-military prefab. Older villagers may remember it. It was basic, but the country was almost bankrupt after years of war so the village was glad to have it.

When the Village College opened in 1960 the HORSA building was no longer needed by the Village School and the Parish Council purchased it from the County Council to be used as a Village Hall. Under the leadership of Brian Cook it was substantially improved.

In the year 2000 the Disability Discrimination Act was passed. The HORSA building fell far short of the requirements of the Act and to make the changes needed was so costly that it was decided that the best option was to build a new Village Hall. How this was planned and the money raised and built will form Part 2 of this story.

Terry Wall

E D G E

COMMUNITY YOUTH CLUB

THURSDAYS. 4PM TO 6PM.

COMBERTON BAPTIST CHURCH.



Oakes and Watson Tree Surgery and Consultancy
and
Peter Oakes and Daughter Tree Surgery



Due to my father semi retiring in October 2017 my husband and I have continued the business that he set up some 25 years ago by combining it with our own.
It is a pleasure and an honour to continue to offer top quality tree care in and around the area where my husband and I both grew up.

ARBORICULTURE AT ITS BEST.
At Oakes and Watson we pride ourselves in providing professional, competent and complete services in all aspects of tree surgery and care. We have 19 years experience in top quality.
Tree care at extremely competitive prices.
Here at Oakes and Watson we believe that experience and qualifications come hand in hand so we are fully qualified, competent and insured in the job we both love.





Oakes and Watson

Cert ab L2, DIP Arb L4 (ABC), TechArborA, CS Certified

Our Services

All Aspects of Tree Surgery undertaken
Tree Removal, Crown Raising, Reductions, Cable Installation, Pollards, Hedge Cutting, Topping, Tree Planting, Thinning, Tree Reports/ Inspections, Fencing, Formative pruning

Woodchips and Logs always available.

01353 968287 www.oakesandwatson.com
07885377682 arb@oakesandwatson.com

October Challenge Solution

Sponsored by the Comberton Co-Op

Short clues to the hidden novels: Pickwick, Copperfield, Nickelby, Curiosity, Barnaby, Chuzzelewit, Carol, Dombey,Bleak, Hard, Dorritt, Cities, Expectations, Mutual. Drood & Twist.

All works by Dickens of course. The character hidden was GRIP the raven from Barnaby Rudge . The Mystery of Edwin Drood is somewhat out of place in that it was unfinished at the time of Dicken's death.

Puzzle 240 LR 10/26

The winner was **Doug Chadwick** of Morris Close, Comberton.

The Digital Buddy Service in Cambridgeshire Libraries

Would you, or someone you know, benefit from some help or support in navigating the digital world? Having recently retired, I am now volunteering as the 'Digital Buddy' at Comberton Library. Digital Buddies offer free one-to-one sessions and will try to help with whatever electronic or online issue you are struggling with. These can be quite wide-ranging! Some examples of issues I have so far helped people with include applying for, or renewing, a bus pass or a passport, uploading documents to a retailer to assist with an ongoing complaint issue and helping demystify what 'two factor authentication' is all about. The Digital Buddy Service is offered in many local libraries.

At Comberton, I am usually there on a Monday morning from 11am – 1pm. You can book a slot in advance with a Digital Buddy by calling in at the library, or by telephoning the central number 0345 045 5225. Or you can just drop in on the day – I'll be happy to try and help.

Janice Chambers

The Plant and Produce Stall at 80 West Street

Even though this has been a most difficult year for gardeners and growers, I was pleased to receive a good number of donations of plants and produce. As ever, the "customers" were also generous and cash donations amounting to £360.94 have been passed on to St Mary's Church.

Very many thanks to all who contributed.

Mary Jenkins

FOXCOTTE

TIMBER / BUILDING / DIY CENTRE / TOOLHIRE

BATTERY POWERED GARDEN MACHINERY
CROWN PAINT AGGREGATES TIMBER PAVING



TOOL HIRE HAND TOOLS TREE SURGERY LANDSCAPING

Monday-Friday 7.30am-5pm Saturday 8am-1pm
Foxcotte, Comberton Road, Barton, Cambridge CB23 7BA

www.foxcottecambridge.com
01223 263 702

NOVEMBER 2026

Parish Council News

STAY IN THE LOOP WITH UPDATES AND ANNOUNCEMENTS!

What's New

Christmas Lights Switch On 🎄

Our annual Christmas Lights Switch On will take place on Saturday 5 December, starting at 5pm.

Come along and join us for a festive evening with live music, children's activities and, of course, a very special visit from Father Christmas! 🎅 We're also delighted to welcome La Biga Pizza, who will be serving up delicious, freshly made pizzas to keep you fuelled for the festivities. 🍕 We look forward to seeing you there and getting the Christmas celebrations underway!

Pavilion Renovations 🛠️

We're giving the old pavilion some much-needed TLC, with renovation work including painting and decorating taking place on 25 October. To help raise funds for the improvements, we'll also be holding a fundraising disco at Comberton Village Hall on 21 November! 💃🕺🎟️ Get your tickets here: **https://barefootdjs.co.uk/**
Keep an eye out for posters with more details – we'd love to see you there and really appreciate your support in helping us give the old pavilion a new lease of life!

Village Groups & Community Showcase

Join us on Sunday 10 January 2027 at Comberton Village Hall for our Village Groups & Community Showcase, organised by Comberton Parish Council in partnership with the Village Hall.

The event will celebrate the fantastic range of local clubs, societies and organisations in our village, helping residents discover new interests, meet new people and find out what's on offer in their community.
Are you part of a local group? There's still time to get involved! If you'd like to showcase your group at the event, please contact clerk@comberton-pc.gov.uk or Cllr Neil Banks at neil.banks@comberton-pc.gov.uk. For everyone else, keep an eye out for posters around the village with more details. We hope to see you there!

COMBERTON
SPORTS & ARTS

GREAT VALUE GYM MEMBERSHIPS




Standard Membership £32 per month or £22 per month for Concessions

Pay up front - £320 / 220 per annum (2 months Discount)

* Fitness Suite 'Fantastic new Pulse equipment'
* Free Weights Room
* Excellent range of Fitness Classes (Book online option)
* Free Badminton court hire for all members

Non - members welcome on a pay & play basis

Tel: 01223 264444 **www.combertonsa.org**




Home Meadow Care Home
Comberton Road, Toft, CB23 2RY

TOP 20 CARE HOME GROUP AWARD 2023
carehome.co.uk

Discover our warm and welcoming care home, delivering the highest standards of care with dignity and respect. Our dedicated team support physical, emotional, and social wellbeing with **residential** and **dementia care** options. There are lovely views from the home and it is surrounded by spacious gardens.

Inspected and rated Good
CareQuality Commission

01223 632655
healthcarehomes.co.uk

Healthcare Homes

Notices



Fly tipping

We have received several reports of fly tipping recently. While we appreciate residents keeping us informed, we encourage everyone to report incidents directly to the appropriate service so they can be dealt with as quickly as possible. Fly tipping can be reported online here: **www.greatercambridgewaste.org/litter-in-public-spaces/report-a-fly-tip-south-cambs/**

Watts Wood – No Fires

Please remember that fires and BBQs are not permitted in Watts Wood. Fires pose a serious wildfire risk and can harm wildlife, trees and the wider woodland. Please help us protect this valuable community space by not lighting fires, using disposable BBQs or burning any materials.

Thank you for helping to keep Watts Wood safe.

Join The Parish Council

Comberton Parish Council has vacancies! Would you like to get more involved in your local community and help shape the future of Comberton? We currently have vacancies for Parish Councillors and would love to hear from local residents who are interested in making a difference.

No previous experience is necessary – just an interest in our village and a willingness to get involved. If you would like to find out more, please contact the Parish Clerk.

Reach Out



For any questions, please contact clerk@comberton-pc.gov.uk
and we'll be in touch.

The Parish Council meets on the second Wednesday of each month at **7:30pm** in the Village Hall. Agendas and minutes are always available on our website. Residents are warmly invited to attend the full meeting, with a dedicated 15-minute slot at the start to share thoughts, ideas, and concerns.

Handsome Hounds
DOG GROOMING SPA
Relaxing & friendly dog grooming spa in Caldecote, Cambridge
1-2-1 DOG GROOMING
NATURAL & CRUELTY-FREE PRODUCTS
LUXURY HYDRO BATH SPA
THERAPEUTIC HYDRO MASSAGE
ULTRA SONIC TEETH CLEANING
CITY & GUILDS QUALIFIED
CANINE FIRST AID TRAINED
FULLY INSURED
Book your appointment today:
PHONE: JODIE 07511140666
EMAIL: HANDSOME_HOUNDS@ICLOUD.COM
WWW.HANDSOMEHOUNDSSPA.COM
HANDSOME HOUNDS DOG GROOMING SPA HANDSOMEHOUNDSDOGSP

Plumbing
Ian Stonebridge
Your local plumber
Friendly, reliable service
No job too small
Mob: 07866 278497
Tel: 01223 263586


COMBERTON MATHS TUTOR
11+, KS3, GCSE & A-Level
12 years' experience helping students achieve top grades
First class Maths degree and Cambridge PhD
07356260129 | mkp36@cam.ac.uk

Caring iz sharing
Caring comes easy
BASED IN COMBERTON
Caring Iz Sharing
HOME CARE SERVICE
WE ARE PROUD TO OFFER A RANGE OF FLEXIBLE CARE PACKAGES.
Designed to provide our clients with carefully designed support to meet their individual needs. A commitment to our key values (compassion, dependability and positivity) means clients can look forward to a secure future in their own homes.
CONTACT DETAILS
caringizsharing@gmail.com 0787 2654 293

Comberton Village Hall

Christmas Fayre

Saturday 5th December

10am – 12 midday



Admission

£1 per adult

50p per child





Homemade gifts



Mince pies and refreshments



Children's Christmas crafts



Hot chocolate and marshmallows stall



Children's treasure hunt

WS PLUMBING & HEATING

- FULL HEATING INSTALLATION
- BOILER SERVICES
- PLUMBING & HEATING REPAIRS
- BATHROOM INSTALLATION

RELIABLE & FRIENDLY SERVICE ■ **ALL WORK UNDERTAKEN** CORGI

CALL FOR A FREE QUOTE

01954 212134 / 07834 562532

ASH CROFT VETS

MAIN SURGERY

169 St Neots Road, Hardwick, CB23 7QJ - Tel: 01954 210250

BRANCH SURGERY

Pendrill Court, Ermine Str, Papworth, CB23 3UY - Tel: 01480 831615

Consultations by Appointment Only ww.ashcroftvet.co.uk

Sage Blinds & Interiors

Specialists in made to measure window coverings

Beautifully made and locally produced Curtains and Roman Blinds

Suppliers of Sanderson, William Morris, Harlequin, Scion, Prestigious Textiles

Roller, Vertical, Pleated, Wood, PVC and Aluminium Venetian Blinds

Contemporary window dressings:

Vision/Duplex and Visage Blinds

Plantation shutters and Awnings

Experts in home automated motorised solutions

FREE - NO OBLIGATION QUOTES - FIND US AT

Sage Blinds & Interiors
Phillimore Garden Centre, Cambridge Road, Melbourn. SG8 6EY, Tel: 01763 263399

www.sageblinds.co.uk

Open Mon- Fri 9am-5pm & Sat 9am-1pm

Andrina B
the footcare specialist

Providing expert treatment in all aspects of foot healthcare in the comfort of your own home

Nail Cut • Callus • Athlete's Foot
Hard Skin • Corn Removal
Fungal Infections • Plantar Faciitis
In-Growing Toe Nail • Orthotics
Leg and Foot Massage

To book your appointment call Andrina on

07966 571 686

or email: andrinab@foot-care.co.uk

www.foot-care.co.uk

Andrina Baldock, Foot Health Practitioner, SAC Dip. FHPP FHPT
Register for Foot Health Practitioners Member

The People's Emergency briefing: Film Showing Part 1

On Friday October 2nd nearly 100 people filled *Comberton Village Hall* for the *People's Emergency Briefing*—a 45-minute abbreviated version of a presentation first given to MPs last year in which experts in eight crucial areas gave sobering accounts of how climate change is currently affecting us and how the situation will escalate if governments don't take decisive action.

Those present included South Cambs MP Pippa Heylings who gave a moving speech about her own environmental work around the world including in North and South America, the Caribbean and the Galapagos Islands over a period of 16 years before becoming an MP. She also confirmed that the concern constituents have over climate change is underestimated by as many as 78% of MPs— something underlined by the fact that only about 300 of a total of over 650 attended the Westminster briefing.

Lib Dem district councillors Lisa Redrup and Catherine Hubbard along with parish councillor Claire Michel all made valuable contributions and Village Hall trustee Brian McCabe was invaluable in getting the technical show on the road. The post-film discussion was moderated by Clive Oppenheimer, a geographer at the University of Cambridge.

The areas covered by the film were extreme weather, climate, food security, health, national security, nature, economics and energy transition, with experts in each field explaining the issues, followed by discussion moderated by environmentalist Chris Packham in the company of celebrities Jennifer Saunders and Deborah Meaden and members of the public.

The evening was organised by local professionals Veronica Hamilton and Jen Jackson who decided to get involved after becoming aware of numerous other screenings in and around Cambridge during the summer and autumn.

Veronica explained, 'Awareness of these issues enables us to lobby government and make positive choices for change. As a result of this event I've met like-minded people and we now have plans to continue our work by finding local solutions to the climate & nature emergency.' Anyone who would like to get involved with the group should contact Jen Jackson at jacksonjennifera@gmail.com while more information about the wider campaign is on the *National Emergency Briefing* website www.nebriefing.org

Comberton Village Hall Lettings Charges

	Private Individuals		Community Groups *		Community Commercial	
	Comberton Residents	Non-Residents	Affiliated	Non-Affiliated	Local/Non-Franchised	Non-Local/Franchised
SESSION	Main Hall		Main Hall		Main Hall	
Daytime	£30	£45	£25	£38	£43	£60
Evenings (except Saturday)	£50	£75	£25 *	£38 *	£43	£60
Saturday eve.	£90	£135	£25 *	£38 *	£145 *	£218
	Meeting Room		Meeting Room		Meeting Room	
All sessions	£20	£30	£20	£30	£30	£45
	Community Room		Community Room		Community Room	
All sessions	£15	£23	£15	£23	£25	£38

Unless otherwise stated, charges are per session. Sessions are 9 am to 1 pm, 2 pm to 5:30 pm and 6 pm to 10:30 pm (midnight on Fri/Sat/Sun).

A refundable deposit of £50 is charged at the time of booking.

Optional extras in main hall: audiovisual equipment (£5/session), disco lights (£25/session).

Prices for commercial lettings and weddings are available on request.

*Additional information for groups:

- Affiliated Community groups holding evening group social or fundraising events will be charged the residents evening rates. Non-affiliated groups holding similar events will be charged the non-residents evening rates. **Local/Non-franchised Community Commercial lettings can be reduced at the discretion of the Trustees if the event is for a suitable charity. Groups should write to the Lettings Secretary with their request, including information on the charity, and this will be considered by the Trustees.**
- Groups working with children and/or vulnerable adults will need to have child protection and vulnerable adult policies & procedures in place.
- Annual affiliation fee of £15 is due on 1st January.

More information, including hall availability, can be found at www.combertonvillagehall.org.

To make a booking, contact the Village Hall Administrator Janice Sutton at combertonvillagehall@gmail.com 07435 324408 (9 am to 9 pm). Please note that this is a part-time role. If it is not possible to answer your call, please leave a message and we will contact you.

Printed by
Victoire Press
9-10 Viking Way, CB23 8EL. 01954 781919

THE FORM PRACTICE

COMPLEMENTARY HEALTH CLINIC



OSTEOPATHY | SPORTS THERAPY | MASSAGE

PILATES | PELVIC HEALTH | REFLEXOLOGY



K-LASER

PAIN RELIEF | FASTER RECOVERY



INDIBA

REPAIR | REGENERATE | RELIEVE PAIN



PELVIPOWER

STRONGER PELVIC FLOOR | IMPROVED BLADDER CONTROL

ADVANCED TREATMENT TECHNOLOGY

The only UK clinic bringing all three together under one roof.

Hardwick, Cambridge

Free on-site parking
Easy access

01954 214473

theformpractice.com

SCAN TO BOOK A TREATMENT

NODA
For every stage

COMBERTON PLAYERS
PRESENT THEIR 2026 PANTO

THE WIZARD OF OZ

ADAPTED AND DIRECTED BY
RACHEL NIELSEN



COMBERTON VILLAGE HALL
FRI 11TH DECEMBER 7.30PM
SAT 12TH DECEMBER 2.00PM & 7.30PM
SUN 13TH DECEMBER 2.00PM
ALL TICKETS £12 + BOOKING FEE

TICKETS ON SALE FROM 9AM, 7TH NOVEMBER 2026 FROM
WWW.TICKETSOURCE.COM/COMBERTON-PLAYERS
IF YOU ARE UNABLE TO BOOK TICKETS ONLINE, PLEASE EMAIL
COMBERTONPLAYERS@GMAIL.COM

BOOK TICKETS